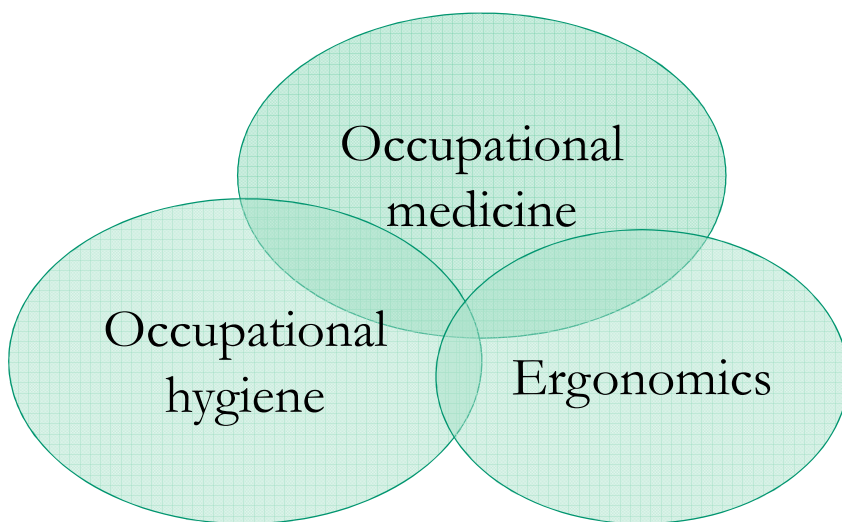


Pour que santé et travail soient compatibles

Missions

To improve the well-being of men and women in Switzerland and beyond through **research, training, preventative activities** and the **promotion** of occupational health.

IST is a leading competence centre in occupational health and a WHO collaborating centre



Strengths

- Balancing health and work
- Balancing theory and practice
- Balancing research and solutions

Research

• Rehabilitation & workability

Return to work and strategies for health preservation (e.g.: chronic back pain; emergencies professions,...)

• Psychosocial factors

Respiratory psychophysiology, emotions, social interactions in the workplace (e.g.: music performance anxiety,...)

• Exposure characterisation and risk management

Characterisation of pollutant exposure and resulting health risks (e.g.: analysis of pollutants in air or in the body, modelling and statistical approaches,...)

• Effects of particles on health

Risk evaluation of new materials (nanoparticles) relative to occupational health

Education

• Undergraduate

Occupational medicine; ergonomics
University of Geneva; University of Lausanne

• Occupational hygiene

Polytechnic School of Lausanne

• Postgraduate

Master of Advanced Studies "Work + Health"

Polytechnic School of Zurich + University of Lausanne

• In-house training for companies

Hygiene and security, ergonomics

Consulting

• Expertise for companies

Exposure assessment
Occupational health monitoring
Working conditions

• Expertise for individuals

Clinical occupational medicine
Biomonitoring

• Analytical services

Organic and metal pollutants
Microbiology
Fibres (asbestos)